

Bwydlen

Blas Mwy

yn oriel yngs Tŷn

Bwydlen ar gael 10:00 – 3.30
Diodydd a Theisennau tan 4.30

Menu

Menu available 10.00 - 3.30
Drinks & Cakes until 4.30



Plis archebwch a thalwch am eich bwyd a diodydd wrth y til, diolch.

Dilynwch ni ar



Follow us on

Please order and pay for your food & drinks at the till, thank you.

Prydau Cychwynnol a Byrbrydau

- Cawl Cartref a rhol ffres Gofynnwch am rhol
- Cawl a brechdan ham neu gaws
- Bacwn ac Wy mewn rhôl fawr
- Selsig Morgannwg: Opsiwn a ar gael
(Rysait draddodiadol Gymreig sy'n gyfuniad o gaws, cennin, briwsion bara ac wy, y cyfan wedi'w grilio)
- Pate y dydd gyda thost a salad bach
- Falafel a llysiau wedi'i grilio a'i weini gyda salad gwyrdd
- Goujon cyw iâr gyda salad bach a jam chilli.
- Stecen mewn baguette wedi ei weini gyda nionod, madarch a saws tsili cartref

Dewis o Frechdan, Ciabatta neu Daten bôb gyda salad garnais

- Tiwna, nionyn a phupur coch
- Caws a nionyn coch
- Ham wedi'i goginio yn ein cegin â siytni cartref
- Cig Moch, brie lleol a saws llugaeron
- Cig Eidion lleol
(a chaws glas lleol - yn flasus arni pan wedi'i thostio)
- Corgimwch gyda Saws Marie Rose
- Caws colfran a phînafal

Starters and Snacks

- Homemade Soup & fresh roll Ask for a roll £4.95
- Soup and ham or cheese sandwich £8.50
- Bacon and Egg in a large Bap £6.50
- Glamorgan Sausages: Option & available
(A traditional Welsh recipe containing cheese and leeks bound together with egg and breadcrumbs then grilled) £7.95
- Pate of the day served toast and a salad garnish £6.95
- Falafel patties and grilled vegetables served with a green salad £7.25
- Chicken goujon served with a side salad and and chilli jam £8.50
- Steak Baguette served with fried onions, mushrooms and homemade chilli sauce £9.50

A choice between a Sandwich, Ciabatta or Jacket Potato with a salad garnish

- Tuna, onion and pepper £7.50
- Cheese and red onion £6.50
- Our own cooked Ham and homemade chutney £7.25
- Bacon, local brie and cranberry sauce £7.25
- Local Welsh Black beef
(and blue cheese - tasty when toasted) £7.50
- Prawn with Marie Rose sauce £7.95
- Cottage cheese and pineapple £6.50

Saladau

Ham
Quiche
Corgimwch a melon
Cig eidion a caws glas lleol

Prif Brydau

Brecwast Blas Mwy: Cig Moch, selsig lleol, madarch, pwdin gwaed, tomato, wy a ffa pob

Gweinir gyda thost (neu sglodion ar ol hanner dydd)

Cacen Bysgod enwog BLAS MWY - Eog a hadog drwy fwg wedi'i gyfuno gyda thatws a pherlysiau.

Gweinir gyda salad bach a dresin.

Caws Pob Cymreig - Mae cyfuniad o gawsiau, mwstard a joch o gwrw lleol yn rhoi 'blas mwy' arno, ar dost trwchus â mymryn o salad. Ychwanegwch sleisen o ham neu wy wedi'i ffrio am wledd!

Byrger Cig Eidion Cymreig 6 owns - Wedi'i weini mewn ciabatta, madarch a nionod mewn cyteu cwrw a sglodion talpiog cartref. Ychwanegwch gig moch, Monterey Jack neu Gaws Glas Lleol

Ham Cartref, wy, pys a sglodion talpiog cartref

Scampi Cynffon gyflawn, sglodion talpiog cartref a phys

Yn Ychwanegol

Potyn o Ffa pob/colslo/caws

Bara garlleg

Taten bôb

Nionod mewn cyteu cwrw

Sglodion talpiog cartref

Sglodion tatw melys cartref

Bargen i'r Plantos

* Brechdan/Toastie ham, gaws neu diwna gyda chreision, ffrwyth a iogwrt **neu**

* Selsig, sglodion a ffa pôb **neu**

* Goujons cyw iâr cartref, gyda sglodion a ffa pôb
Gweinir hefo diod plentyn

Salads

Ham £9.50
Quiche £9.50
Prawn and melon £10.50
Beef and local blue cheese £10.50

Main Meals

All day Breakfast: Bacon, local sausage, mushrooms, black pudding, tomato, egg and beans. Served with toast (or chips after midday) £8.95

The famous BLAS MWY Fishcakes - Salmon & Smoked Haddock bound together with potato and herbs. Served with a side salad and dressing bch/sml £7.50 mwr/lge £9.50

Welsh Rarebit - A blend of local cheeses, mustard and a spot of local beer makes this dish very 'moreish' (Blas Mwy) served with thick toast & a salad garnish. £8.75

Add a slice of ham or fried egg for a feast! £9.95

Welsh Black 6 oz Beefburger - burger served in a ciabatta with mushrooms, beer battered onion rings and homemade chunky chips £11.50

Add bacon, Monterey Jack or local blue cheese £1 yr un / each

Homebaked Ham, egg, peas and homemade chunky chips £9.95

Wholetail scampi, homemade chunky chips and peas £10.50

Extras

Pot of Beans/coleslaw/cheese £1 yr un / each

Garlic bread £2.50

Jacket potato £2.50

Beer battered onion rings £2.95

Homemade Chunky chips £3.50

Homemade Sweet potato chips £3.50

Children's Meal Deal

* Cheese, ham or tuna sandwich/toastie with crisps, fruit & yogurt **or**



* Sausage, chips & beans **or**

* Our own chicken goujons, chips & beans

All served with child's drink



£5.95

  Mae'n bosib creu rhai prydau heb glwten, yn lysieol neu'n vegan, gofynnwch

  It may be possible to make some dishes gluten free, vegetarian or vegan - please ask